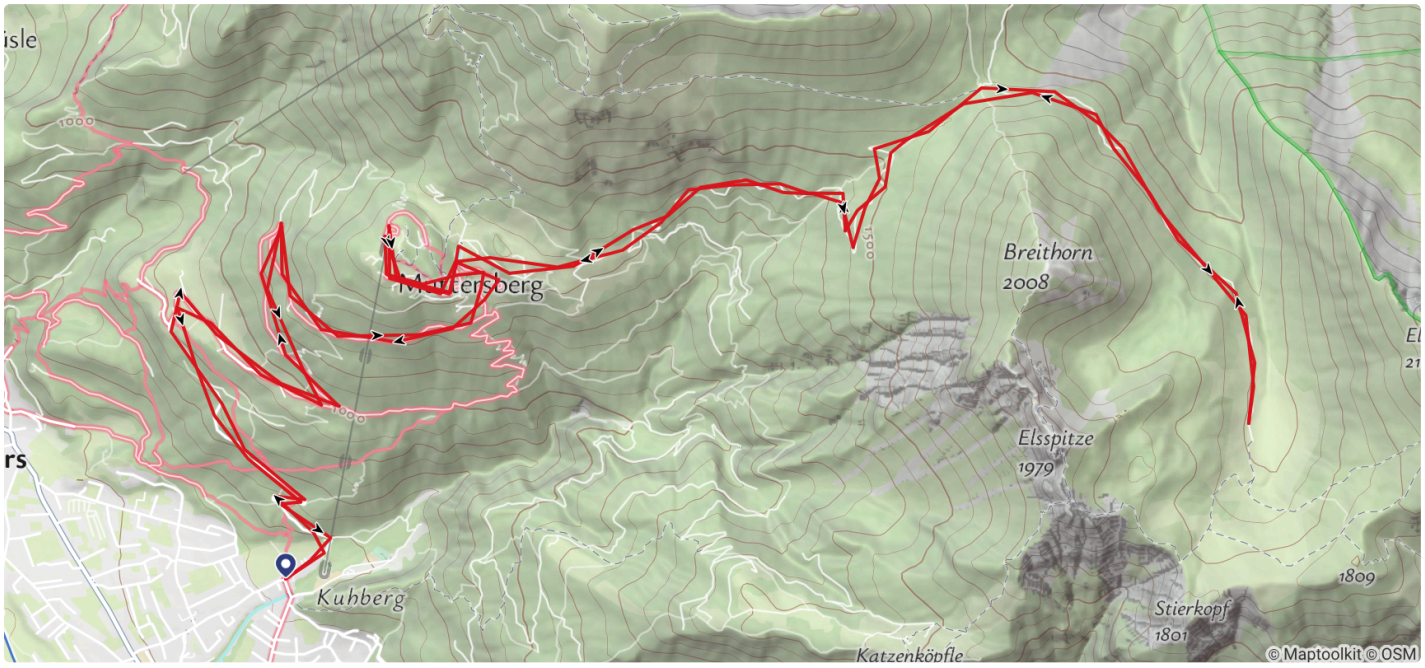
Bludenz - Muttersberg - Alpe Els | Bludenz

MODERATE | REFRESHMENTS | PANORAMIC | CABLE CAR ASCENT/DESCENT | THERE AND BACK



Tour description

Great MTB tour to the local mountain of Bludenz and Nüziders and further to Alpe Els with sensational panoramic views.

The Muttersberg offers a magnificent view over the Walgau, the Brandnertal and far into the Montafon. The destination of this tour, the Alpe Els, lies below the well-known Gamsfreiheit, which offers a fantastic view of the Klostertal and the Rote Wand.

The start of this tour is at the valley station of the Muttersberg cable car. From there briefly downhill and immediately right over the bridge up towards Laz. Follow the road, first over an asphalted road and later over a gravel road. At the pond, the tour continues along the goods road up to the Tiefenseesattel and on towards Alpe Els. A stop on the Alpe Els or on the way back to the Alpengasthof Muttersberg is recommended. The way back is the same way.

Public transport

Various lines to Bludenz train station

Timetable query online at www.vmobil.at

Parking

Valley station of the Muttersberg cable car

Directions

Muttersbergbahn valley station - Laz - Muttersberg - Tiefenseesattel - Alpe Els - same way back.

Safety instructions

EMERGENCY CALL
140 Alpine emergencies throughout Austria
144 Alpine emergencies Vorarlberg
112 Euro emergency call (works with any mobile phone/network)

www.alpenregion-vorarlberg.com/sicherheitstipps-mountainbike

04:30 h duration	**26,7 km** Length
1599 m Highest point	**663 m** Lowest point
1094 m Ascent	**1094 m** Descent

Start	Muttersberg Cable Car
Finish	Muttersberg Cable Car
Tour type	Mountain bike
Difficulty	Moderate

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

Alpenstadt Bludenz Tourismus
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A-6700 Bludenz
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tourismus@bludenz.at

Equipment

Complete mountain bike equipment, helmet, rain and sun protection, filled water bottle. Cell phone in case of emergency.

Tips

The tour can also be shortened by mastering the first vertical meters with the Muttersberg cable car. Bike transport possible!

Sicherheitstipps für Mountainbike in Vorarlberg

NOTRUF:

140 Alpine Notfälle österreichweit

144 Alpine Notfälle Vorarlberg

112 Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information