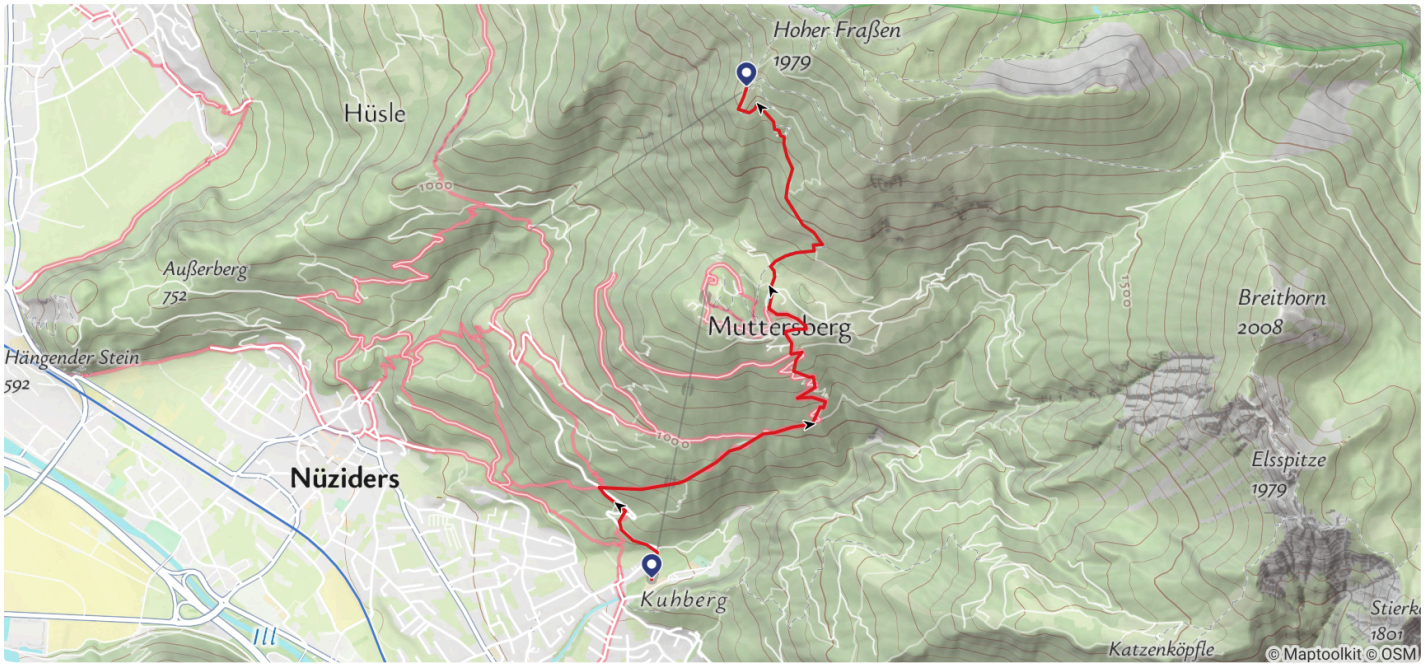
2-Day Hike to the Frassenhütte (Stage 1) | Bludenz

bludenz
Die Alpenstadt

MODERATE | REFRESHMENTS | PANORAMIC | STAGE TOUR | ROUND TRIP



Tour description

A varied 2-day mountain hike from the Muttersberg Cable Car to the Frassenhütte, including an overnight stay and an ascent to the summit of the Hoher Frassen

You'll start your hike at the**Muttersberg**cable car's valley station**and**follow the trail toward the mountain station. Alternatively, you can take the cable car up to 1,401 m. From there, a well-marked trail leads through sparse mountain forest to the cozy**Frassenhütte at**about 1,725 m. Enjoy the first panoramic views of the Rätikon and the Walgau along the way, as well as the tranquility of the alpine landscape.

Duration
approx. 3–4 hours ascent to the Frassenhütte (without the cable car)
Shortcut via the cable car possible.
Note: The times given are approximate. Depending on the weather or other factors, the walking time may be shorter or longer.

Accommodations
Frassenhütte

Refreshments
Alpengasthof Muttersberg
Frassenhütte

Directions

Stage 1: Muttersberg Cable Car (Lower Station) – Muttersberg Cable Car (Upper Station) – Frassenhütte

Equipment

Sturdy footwear, warm clothing, rain and sun protection, a snack, a full water bottle, and hiking poles are recommended. Additionally, bring gear for an overnight stay in a mountain hut. A cell phone for emergencies.

03:55 h duration	**5,11 km** Length
1727 m Highest point	**679 m** Lowest point
1040 m Ascent	**0 m** Descent

Start	Muttersberg Cable Car
Finish	Frassen hut
Tour type	Mountain Hike
Difficulty	Moderate

Elevation profile



Condition	
Technique	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	○	○	○

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Public transportation

Landbus Route 501, Bludenz Oberdaneu/Muttersberg Cable Car stop
Check the schedule online atwww.vmobil.at

the park

Muttersberg Cable Car Parking Lot

More information and links

Lodge reservation:

Frassen Hut

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information